

IVF Insert Pages



This Tessera Insert Pack includes 12 pages to document the unique process of creating life through IVF. The page titles include:

- * Starting the Process
- * The IVF Cycle
- * Stimming for IVF
- * Egg Retrieval
- * The Growing Embryos
- * Embryo Transfer
- * Embryo Picture
- * Pregnancy Tests
- * Ultrasound (2)
- * Supportive Family & Friends
- * Graduation Day



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BOOKS TO CHRONICLE LIFE AS YOU LIVE IT.™

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SAMPLE



Starting The Process

How the process began _____

When the process was started _____

Who helped _____

Feelings _____

SAMPLE

The IVF Cycle

Name of fertility clinic _____

Address of fertility clinic _____

Name of doctor _____ Name of nurse coordinator _____

Start date of IVF cycle _____

Medications _____



Notes _____

SAMPLE

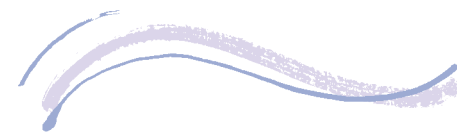
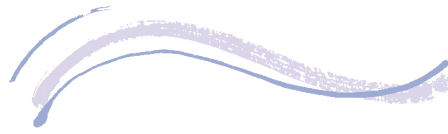
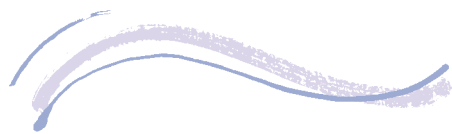
Stimming for IVF

Who did the injections _____

Where _____

Feelings _____

Friends & Family Reactions _____



Egg Retrieval

Date of egg retrieval _____

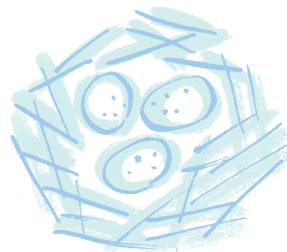
Number of eggs retrieved _____ Number of eggs mature _____ Number of eggs that fertilized _____

Doctor who retrieved eggs _____

Other people who attended _____

Notes _____

What we did after retrieval _____



SAMPLE

The Growing Embryos

A series of horizontal lines for writing, consisting of ten rows of three lines each.



SAMPLE

Embryo Transfer

Date of embryo transfer _____

Number of embryos transferred _____

Quality of embryos _____

Number of embryos cryopreserved for the future _____

Doctor who transferred embryos _____

Other people who attended _____

What we did after the embryo transfer _____

Notes _____



SAMPLE

EMBRYO PICTURE

SAMPLE



Pregnancy Tests



Date of first positive pregnancy test _____ Estimated due date _____

FIRST BETA

Date _____

Results _____

SECOND BETA

Date _____

Results _____

THIRD BETA

Date _____

Results _____

Notes _____

SAMPLE

ULTRASOUND

SAMPLE

ULTRASOUND

SAMPLE



Supportive Family & Friends



