

Preemie Baby Insert Pages



This Tessera Insert Pack includes 12 pages to document the joys and challenges of having a premature baby. The page titles include:

- * Before You Were Born
- * Delivery Details
- * Your First Days
- * Special People In The NICU
- * Difficult Days (2)
- * Fabulous Firsts
- * A Cause To Celebrate (3)
- * Your Time At The Hospital
- * Reflections



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BOOKS TO CHRONICLE LIFE AS YOU LIVE IT.™

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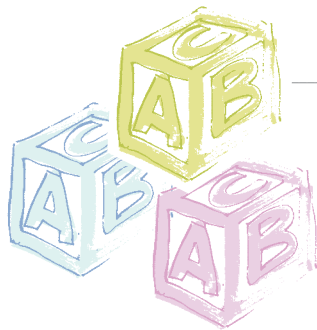
Before You Were Born

Was an early due date expected? _____

Was mom on bed rest? _____

Length of bed rest _____

Early concerns before you were born _____



SAMPLE



Before the delivery _____

During the delivery _____

After the delivery _____

Special Unit where you were cared for _____

SAMPLE

Your First Days



What they were like _____

Who was with you _____

Equipment that helped you _____

Medications that helped you _____

Feelings & Concerns _____

SAMPLE

Special People In The NICU

Who cared for you _____

What they did for you _____

Special doctors & nurses _____



Other special people _____

SAMPLE

Difficult Days

What happened _____

Who was with you _____

Special care needed _____

Who was involved _____

Feelings & concerns _____



SAMPLE

Difficult Days

What happened _____

Who was with you _____

Special care needed _____

Who was involved _____

Feelings & concerns _____



SAMPLE

Fabulous Firsts

Opened your eyes

Looked directly at someone

Cried (and could be heard)

Was held by family

No longer needed special equipment

No longer needed special medicine

Learned to suck

Breastfed

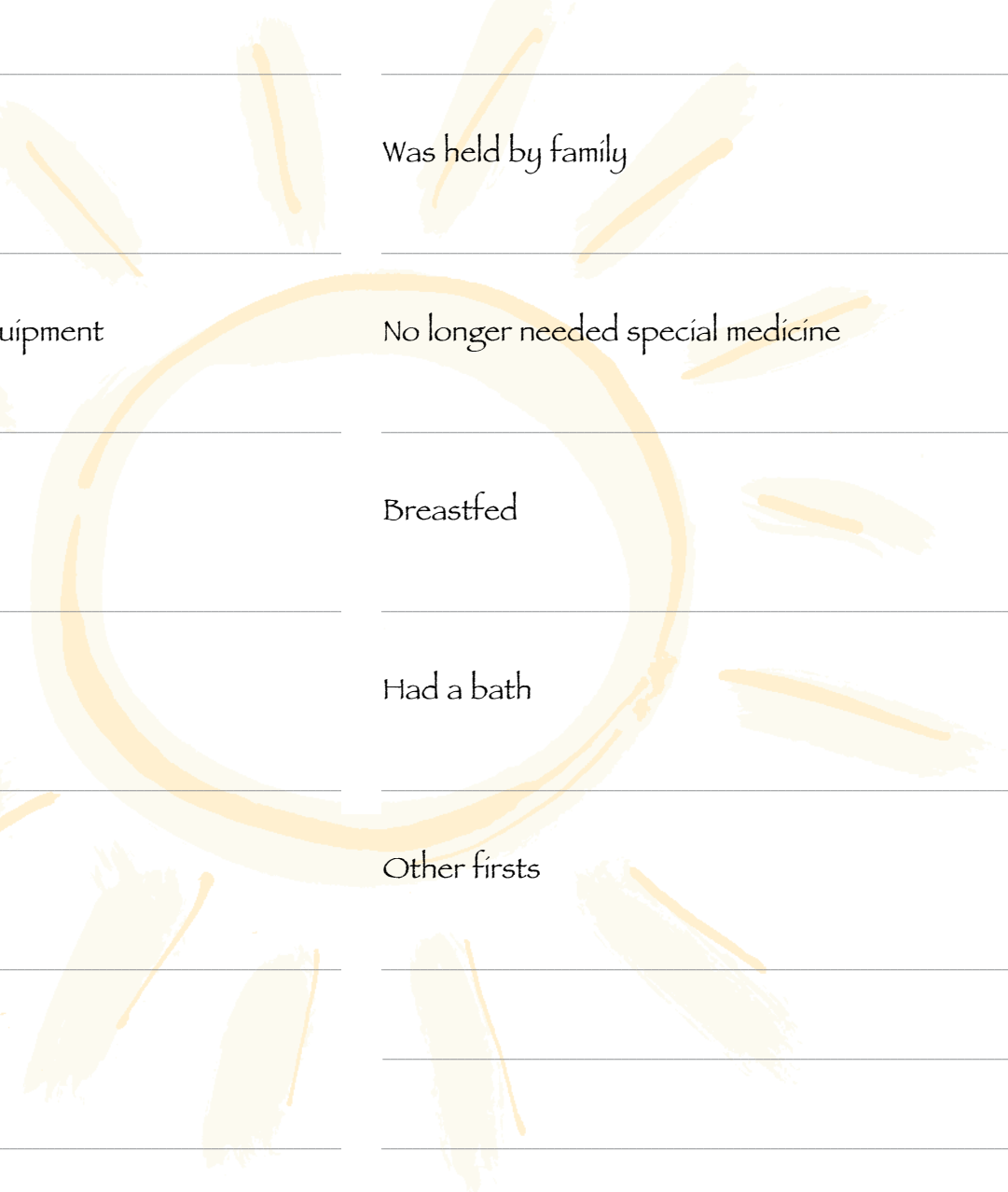
Used a bottle to feed

Had a bath

Did Kangaroo Care

Other firsts

Wore clothes



SAMPLE

A Cause To Celebrate

Who was with you _____

What did we celebrate _____

Feelings _____

PHOTO



SAMPLE

A Cause To Celebrate

Who was with you _____

What did we celebrate _____

Feelings _____

PHOTO



SAMPLE

A Cause To Celebrate

Who was with you _____

What did we celebrate _____

Feelings _____

PHOTO



SAMPLE

Your Time At The Hospital

Length of stay _____

Favorite nurses, doctors & caregivers _____

Special gifts _____

Special visitors _____

Memorable moments _____



