

SAMPLE

Your Baby Book



SAMPLE

You Are On The Way
I'm Going To Be A Mom

When I found out _____

Who I told first _____

What I thought & felt _____



You Are On The Way
I'm Going To Be A Dad

When I found out _____

Who I told first _____

What I thought & felt _____

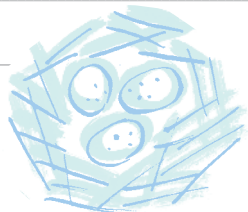


Pregnancy Memories

FIRST TRIMESTER

SECOND TRIMESTER

THIRD TRIMESTER



SAMPLE

ULTRASOUND



SAMPLE



About Mom

Full birth name _____

Date of birth _____ Place of birth _____

Family _____

Where I grew up _____

Memories from my childhood _____

Where I went to school _____

My first job _____

Other things I would like to share with you _____



SAMPLE

About Dad



Full birth name _____

Date of birth _____ Place of birth _____

Family _____

Where I grew up _____

Memories from my childhood _____

Where I went to school _____

My first job _____

Other things I would like to share with you _____



SAMPLE

Our Marriage

How and where we met _____

Date of proposal _____

Details of the proposal _____



Date of our wedding _____

Details of our wedding day _____

Our favorite things to do together _____



SAMPLE

Our Family

Great Grandparents

Great Grandparents

Grandparents

Grandparents

Mother

Father

Siblings

Name

Date of Birth

Other important
people & pets

SAMPLE

Baby Shower



Date _____ Location _____

Hosted by _____

Guests _____

Gifts _____

Memorable moments _____

SAMPLE

SHOWER INVITATION



SAMPLE

Planning For Your Arrival

What we changed _____

Gifts & purchases _____

Classes we attended _____

Room color & theme _____

Other details _____



SAMPLE

Choosing Your Name

Your full name _____



What your name means _____

How we chose your name _____

Other names considered _____

What we called you before you were born _____

Nicknames _____

SAMPLE



Date of birth _____ Time _____

Length of labor _____ Expected due date _____

Weight _____ Length _____

Hair color _____ Eye color _____

Town of birth _____ Hospital _____

Doctor(s) & nurse(s) _____

Other people present _____

Memorable moments _____

SAMPLE



Your Hands & Feet

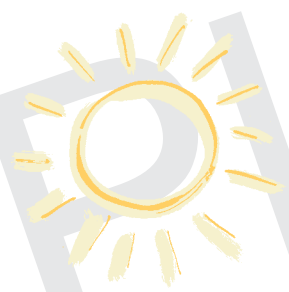


SAMPLE

BIRTH CERTIFICATE



SAMPLE



Welcome to the World

Who we called _____

Your first visitors _____

What people said when they saw you

PHOTO

SAMPLE

Keepsakes



SAMPLE

What's Going On in the World



President/Vice President _____

World leaders _____

Current events _____

Current fads & trends _____

Latest technology _____

Cars we drive _____

Cost of things: Gallon of milk _____ Dozen eggs _____ Gallon of gas _____

Movie ticket _____ Sunday paper _____ Postage stamp _____

PLACE
STAMP
HERE

Your Homecoming



Date you came home _____

Who brought you home _____

What you wore _____

Who was waiting _____

The weather _____

Visitors _____

Memorable moments from your first night _____

SAMPLE

SAMPLE

BIRTH ANNOUNCEMENT



SAMPLE

Home Sweet Home



Address _____

Phone number _____ Date moved in _____

Neighbors _____

Local favorites _____

PHOTO OF OUR HOME

SAMPLE

When You First

Slept through the night _____ Smiled _____

Laughed _____ Clapped _____

Drank out of a cup _____ Used a spoon or a fork _____

Said a word _____ Said a phrase _____

What _____ What _____

Sang a song _____ Ate solid food _____

What _____ What _____

Got a tooth _____ Rolled over _____

Sat up _____ Crawled _____

Took a step _____ Waved bye-bye _____

Hugged a friend _____ Gave someone a kiss _____

Who _____ Who _____

Blew a kiss _____ Danced _____

SAMPLE

First Bath

Date _____

Given by _____



PHOTO

Highlights _____

SAMPLE



First Haircut



Date _____ Age _____

Location _____

Who cut your hair _____

Your reaction _____

PHOTO

LOCK OF HAIR



Physical changes _____

New skills & accomplishments _____

Family events _____

World events _____

Vacations & adventures _____

Activities _____

SAMPLE

Favorites

Friends & special people _____



Foods

Toys & books

Shows & movies

Songs & games

Places to go

Animals

Things you dislike

Other

SAMPLE



First Birthday

How and where we celebrated _____

Who was there _____

The cake _____

Favorite gifts _____

Memorable moments _____

PHOTO

SAMPLE



Your Second Year



Physical changes _____

New skills & accomplishments _____

Family events _____

World events _____

Vacations & adventures _____

Activities _____

SAMPLE

Favorites

Friends & special people _____



Foods

Toys & books

Shows & movies

Songs & games

Places to go

Animals

Things you dislike

Other

SAMPLE



Second Birthday

How and where we celebrated _____

Who was there _____

The cake _____

Favorite gifts _____

Memorable moments _____

PHOTO

SAMPLE



Your Third Year



Physical changes _____

New skills & accomplishments _____

Family events _____

World events _____

Vacations & adventures _____

Activities _____

SAMPLE

Favorites

Friends & special people _____



Foods

Toys & books

Shows & movies

Songs & games

Places to go

Animals

Things you dislike

Other

SAMPLE



Third Birthday

How and where we celebrated _____

Who was there _____

The cake _____

Favorite gifts _____

Memorable moments _____

PHOTO

SAMPLE

How You've Grown

THREE YEARS

Height _____ Weight _____

TWO YEARS

Height _____ Weight _____

18 MONTHS

Height _____ Weight _____

ONE YEAR

Height _____ Weight _____

9 MONTHS

Height _____ Weight _____

6 MONTHS

Height _____ Weight _____

3 MONTHS

Height _____ Weight _____

2 MONTHS

Height _____ Weight _____

1 MONTH

Height _____ Weight _____



