

SAMPLE

My Life Story



The Story Begins

Birth name _____

Birth date _____

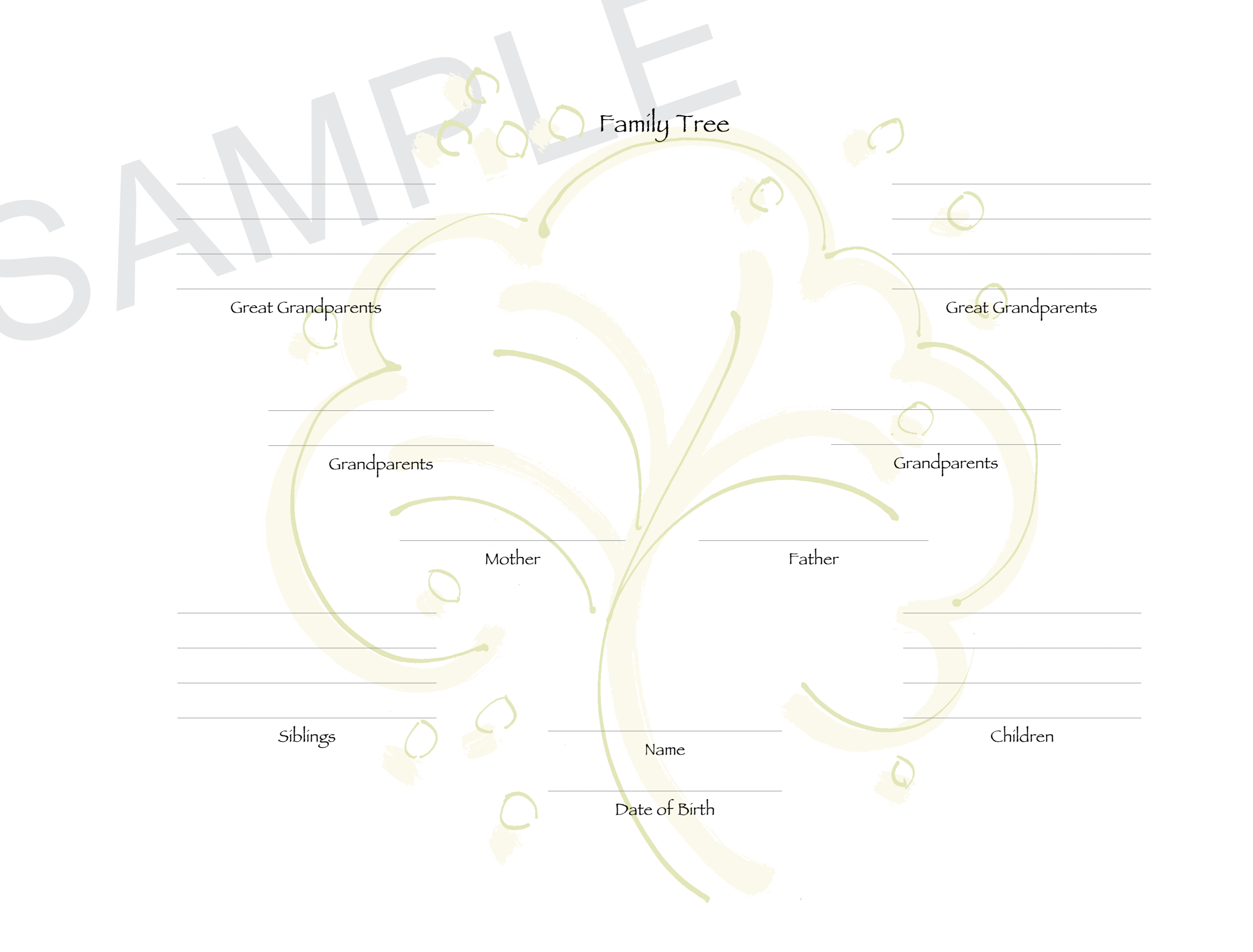
Birth Place _____

Childhood home _____

Other details _____

PHOTO





Family Tree

Great Grandparents

Grandparents

Mother

Siblings

Name

Date of Birth

Great Grandparents

Grandparents

Father

Children

SAMPLE



Parent's Story



Mother _____

Her birthday _____ Where she grew up _____

Father _____

His birthday _____ Where he grew up _____

How they met _____

PHOTO

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My Family

Siblings

Extended family

Other important people





Childhood Years



Home _____

Schools _____

Nicknames _____

Activities & interests _____

Influential people in my life _____

Things going on in the world _____

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Childhood Favorites

Favorites

Friends

Pets



Things & Times to Remember

= // || // =

= // || // =

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Teen Years



Home

Schools

Nicknames

Activities & interests

Influential people in my life

Things going on in the world

SAMPLE

Teen Favorites

Favorites

Friends

Pets



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Things & Times to Remember



Early Adulthood Years



Home _____

Education/training _____

Jobs _____

Activities & interests _____

Influential people in my life _____

Things going on in the world _____

Early Adult Favorites

Favorites

Friends

Pets



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Things & Times to Remember

Military Record

Branch of Service _____

Serial/ID number _____

Date enlisted _____ Date discharged _____

Rank at discharge _____

Discharge on file at _____

Combat service/experience _____

Stationed at _____

Medals & commendations _____

Other information _____

SAMPLE

A Love Story

Your full name _____

Where you were born _____

Where you grew up _____

PHOTO



How we met _____

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Our Wedding Day



Date

Ceremony Location

Reception Location

Wedding party _____

Other participants _____

Special memories _____

SAMPLE



Children



NAMES, WHEN & WHERE THEY WERE BORN

PETS

What I love about being a parent _____

Things & Times to Remember

= // || // =

= // || // =

SAMPLE

Family Traditions



SAMPLE



Grandchildren



NAMES, WHEN & WHERE THEY WERE BORN

What I love about being a grandparent _____

Work & Career Highlights

Places I worked

Friends I made at work

Major events & accomplishments

Favorite job

Least favorite job



Organizations, Clubs & Community Involvement

Friends I made _____

Major events & accomplishments _____

Favorite memories _____





SAMPLE

Things & Times to Remember

= // || //

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SAMPLE



Travels & Adventures

SAMPLE

Things & Times to Remember



My Life Now



Home

Activities & interests

Influential people in my life

Things going on in the world

SAMPLE

My Favorites

Favorites

Friends

Pets



Things & Times to Remember

= // || // =

= // || // =

Spiritual Life



SAMPLE

Advice & Things I've Learned









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What's Next



Ruled lines for writing.

Book Preparation

Prepared by _____

Who helped with the book _____

Notes & comments _____



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SAMPLE

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