

SAMPLE

I'm Going To Be
A Big Sister



NAME

AGE

Me & My Family

My name _____

My birthday _____

My address _____

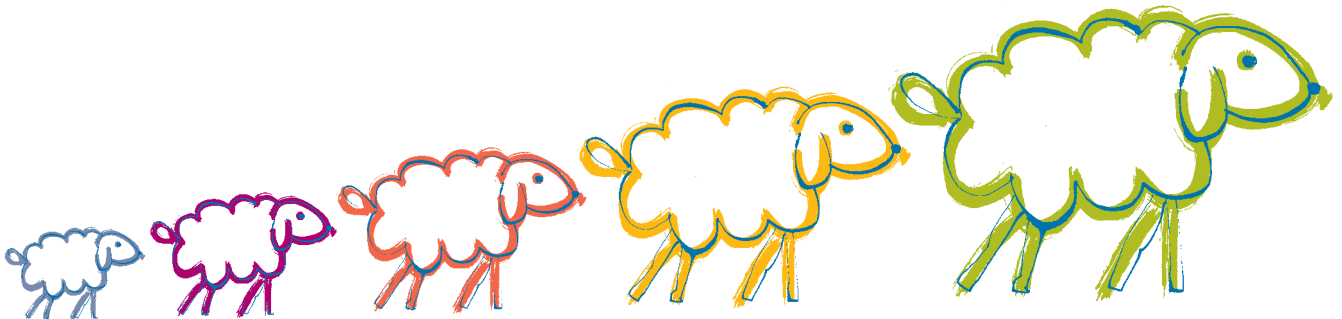
I live with _____

I have older sibling(s) _____

younger sibling(s) _____

a twin _____

pet(s) _____



Finding Out

Date I found out _____

Who told me _____

Where I was _____

How I felt

Happy

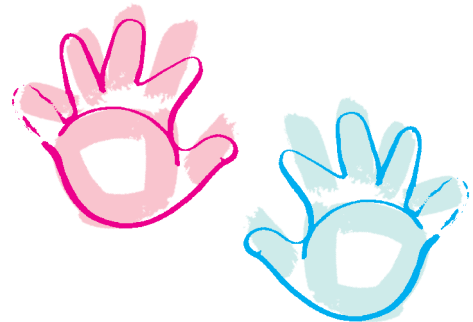
Excited

Upset

Sad

Nervous

Other _____



I felt this way because _____

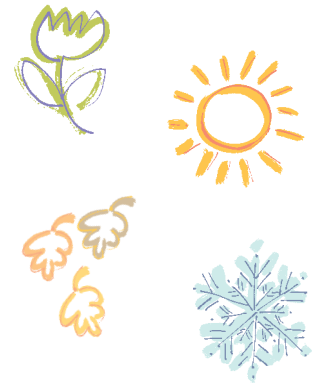
What I Know About You

You are a girl boy twin/multiple we don't know yet
 we don't know; it's going to be a surprise!

Due date _____

That will be next spring summer
 fall winter

That seems like a short time from now
 a long time from now



You will be born at _____

I was born at the same place I was born yes no

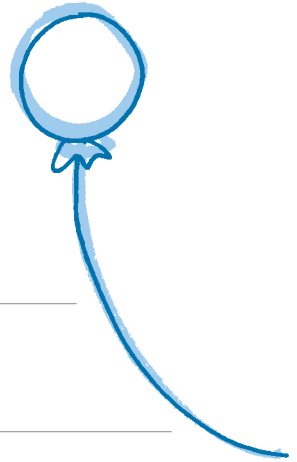
Planning For Your Arrival

What we did to plan for your arrival



Other things I want to do before you are born

The Day You Were Born



I was at home

at the hospital

at school

other _____

I was with _____

I felt excited

happy

the same as usual

nervous

sad

other _____

While I waited I played games

read a book

slept

played with a friend

other _____

Who told me you were born _____

All About You

Your name _____

Your birthday _____

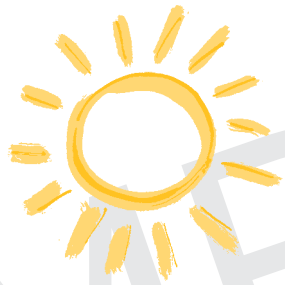
How much you weigh _____

How long you are _____

Your eye color is blue green
 brown other _____

Your hair color is brown black red
 blonde no hair other _____





Meeting You

Date I met you _____

Where we met _____

Who else was there _____

PHOTO

What we did _____

Being The Older Sister

Ways I can help take care of you

dress you

hold you

change your diaper

feed you

read to you

take walks with you

make you smile when you're crying

entertain you

other _____



What I want to teach you _____

I Think You Will Like My Favorites

Game _____

Color _____

Movie _____

Food _____

Toy _____

Babysitter _____

Book _____

Song _____

Animal _____

Activity _____

Website _____

TV show _____

Thing to do before bed _____



Coming Home



Date you came home _____

Was I home when you arrived

yes

no, I was _____

What you did when you first got home

slept

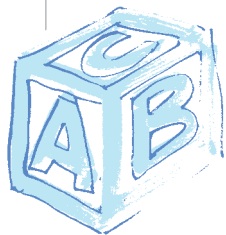
ate

cried

other _____

What we did to celebrate _____

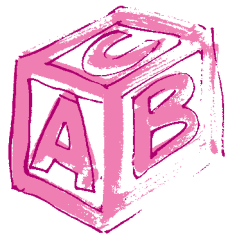
Things We Do Together



Things We Do Together

Blank rectangular area for drawing or writing.

Blank rectangular area for drawing or writing.



What I Like About Being A Big Sister



What I Don't Like About Being A Big Sister

Pictures and Keepsakes

SAMPLE

Pictures and Keepsakes

SAMPLE

Pictures and Keepsakes

SAMPLE

